

## Diagram: Significant Aspects of Learning in Physical Education

Movement skills, Competencies and Concepts	HWB 21-22a
Cooperation and competition	HWB 23a
Evaluating and appreciating	HWB 24a

Simple  
Predictable  
Self-paced  
Limited repertoire of skills  
Limited pressure



Complex  
Unpredictable  
Externally paced  
Wide repertoire of skills  
Pressure of increased variables with less time to respond

**The significant aspects of learning in physical education should be regularly revisited through a broad range of relevant and realistic learning experiences across all levels**

