

Adults & Children Activity and Learning Resources

Whilst we say that parents do not need to become instant home teachers we do recognise that some of you may be looking for resources to support learning in the home. However, we would like to emphasise that life skills, and health and wellbeing are all part of the wider curriculum for excellence- so exercising together, playing board games, learning card games or tricks, baking something new, or children learning to use the washing machine (!) are all useful or important skills to learn. It's also doesn't have to be about learning new things, it might just be about gaining greater confidence in what you can already do.

Whatever you do, keep it fun. Keep it playful. At the end of the day if you are still talking to one another and moderately happy then this is a great achievement. We, adults and children, all have to learn new things in this current situation- be kind to yourself and others.

We have created two sections here- online learning resources for adults and online learning resources for children. Our focus is on free learning resources although we do mention some paid-for resources. We shall keep adding to them as we find more.

Please note that we are not endorsed by, or endorsing any of these links- we simply think they might of use and interest.

ONLINE RESOURCES FOR CHILDREN			
BBC Bitesize	FREE	This provides learning resources for primary, secondary and 16+- resources are Scotland-specific (as well as Northern Ireland, Wales and England-specific) and relate to different ages/stages, subjects and exam levels, and it's free.	https://www.bbc.co.uk/bitesize
Minecraft Education Collection	FREE	These educational worlds can be played on your own, with your kids, parents or friends. From the comfort of your home, you can tour the International Space Station or even explore the inside of a human eye. The worlds include lesson plans like creative writing activities, build challenges, and tricky puzzles. 12 free worlds available for download until 30 th June 2020.	https://www.minecraft.net/en-us/marketplace/education
diy.org	FREE TRIAL, PAID FOR THEREAFTER	Online activities for children which build skills (e.g. art, design, engineering- there are 130 to choose from) through different challenges (over 2,000 to choose from). Trial activities are free but thereafter they are paid for.	https://diy.org/#courses
STEM	FREE		https://www.stem.org.uk/home-learning/family-activities

ONLINE RESOURCES FOR ADULTS

Some of these resources may be useful in a professional as well as a personal capacity.

SOSCN & CALA E-MODULE	FREE	Supporting Activity and Wellbeing	https://calaelearning.co.uk/product/soscn-supporting-activity-well-being/
CALA E-Learning	FREE & PAID FOR	CALA also have a variety of other e-modules through their E-Learning zone	https://calaelearning.co.uk
Free Courses In Scotland			https://www.freecoursesinscotland.co.uk/
Future Learn	FREE & PAID FOR	Future learn is an online learning environment – courses have been developed by universities across the world and vary in length. Whilst most courses are free there are also payment options to increase your access.	<p>https://www.futurelearn.com</p> <p>Some of the learning topics which may be of interest:</p> <p>An Introduction to Teaching Vocabulary https://www.futurelearn.com/courses/developing-vocabulary</p> <p>Our Solar System and Beyond: Teaching Primary Science https://www.futurelearn.com/courses/primary-science</p> <p>Basic First Aid: How to be an everyday hero https://www.futurelearn.com/courses/basic-first-aid</p> <p>Youth Mental Health: Helping Young People with Anxiety https://www.futurelearn.com/courses/youth-mental-health</p> <p>Exploring Play: The Importance of Play in Everyday Life https://www.futurelearn.com/courses/play</p> <p>Young People and Their Mental Health https://www.futurelearn.com/courses/young-people-mental-health</p>
BBC Learning – Languages	FREE	Learn a variety of languages through the BBC	http://www.bbc.co.uk/languages/
Udemy	PAID FOR	A vast array of online courses- all sorts of topics.	https://www.udemy.com
Domestika	PAID FOR	A variety of online learning for creative skills.	https://www.domestika.org/en/courses/l/creative-online-courses?gclid=EAlalQobChMlo-fjwPqy6AIVArDtCh2MgwEKEAMYAyAAEgLvJ_D_BwE#